

# Cards of Kindness

Could you make a card for a care home resident on the Isle of Wight?

Embracing Age is a registered charity supporting care home residents across the Isle of Wight, particularly those without friends or family, to help combat loneliness and isolation.

We are looking to the Island community to help make cards for this expanding project. Our volunteers then distribute the cards each month to the care home residents. We encourage people of all ages and abilities to get involved.

If you are interested please contact Val Taylor:  
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[www.embracingage.org.uk/isle-of-wight](http://www.embracingage.org.uk/isle-of-wight)

