



EMBRACING AGE
ISLE OF WIGHT
Later life in all its fullness

Sow. Grow. Give.

Could you help by sowing and growing flowers to give to older people living in our local care homes who might not otherwise perhaps receive flowers?

Together we can make a difference, bring joy and help to combat loneliness and isolation.

Whether you have a window box or an allotment, we would be so grateful for donations of flowers to gift to local care home residents, either for using in floral posies or as live potted plants.

Please contact us for more information:

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🌐 www.embracingage.org.uk

📘 Embracing Age Isle of Wight

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