

## Sensory activity for people with advanced dementia

### Volunteer Role Description

<b>Role:</b>	Providing sensory activity, such as hand massages, for people in the late stages of dementia
<b>Where:</b>	In care homes across the Borough of Richmond. We will try to match you with a local nursing home.
<b>When:</b>	2 hours once a week.
<b>Why:</b>	People with advanced dementia can often no longer walk or talk and are then unable to participate in the activities provided by a care home. We want to provide meaningful sensory activities so that people can enjoy quality of life towards the end of their lives.
<b>What does the role involve:</b>	Undergoing a DBS (criminal record check) Attending specialised training. Working with care home staff to give hand massages and other sensory activities.
<b>Attributes / skills needed:</b>	Be reliable Have empathy and patience, A background in a caring or therapeutic role would be advantageous.
<b>What's in it for you?</b>	Meeting other likeminded volunteers. The satisfaction of knowing that you are making a big difference in the life of a vulnerable person in your community. Valuable experience of volunteering. Pre- agreed out of pocket travel expenses.
<b>What you can expect from us:</b>	Training and induction before the role starts. Ongoing support from the project co-ordinator. Regular meetings with other volunteers. Opportunities for further training
<b>Contact:</b>	For further information contact Enid Kimmerling Phone 020 3778 0035 Email: <a href="mailto:enid@embracingage.org.uk">enid@embracingage.org.uk</a> <a href="http://www.embracingage.org.uk">www.embracingage.org.uk</a>