

FOR IMMEDIATE RELEASE: 10th March 2025

## FAITH IN AGEING POETRY COMPETITION

### Poetry Competition Seeks to Illuminate "Faith in Ageing"

Embracing Age is thrilled to announce a unique poetry competition, inviting aspiring poets aged over 50 to explore the profound theme of "Faith in Ageing." This competition aims to celebrate the wisdom, resilience, and spiritual depth that often accompany the journey of growing older.

In a world that often prioritises youth and novelty, this competition seeks to illuminate the beauty and power of faith as it sustains and enriches individuals in their later years. We encourage poets to delve into the complexities of ageing, exploring themes of hope, reflection, acceptance, and the sustaining power of faith.

"We believe that poetry has a unique ability to capture the essence of human experience," says Sinéad Crosbie, CEO of Embracing Age. "This competition offers a platform for writers to share their insights and perspectives on faith and ageing, fostering a deeper understanding and appreciation for the lived experiences of older adults."

### Competition Details:

Theme: Faith in Ageing

Submission Deadline: 9th May 2025

Submission Guidelines: Details are available on [embracingage.org.uk/poetry](https://embracingage.org.uk/poetry)

A panel of esteemed judges, Pam Rhodes, Dave Bilbrough and Andrew Pratt will select the winning entries. The winning poems will be read on Pam Rhodes Premier Radio Show, "Heart and Hymns" and shortlisted poems will be published in an anthology to celebrate International Older People's Day

### About Embracing Age:

Embracing Age is a Christian charity working towards a world where older people are valued, connected and full of hope, by combatting loneliness, mobilising volunteers, equipping churches and speaking out.

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