



Activities for You 2024 in Churches across LBRuT



Churches across the Borough hold activities for older people, from exercise classes, craft groups, computer classes and lunch clubs, to name a few. Older people are of course welcome to the multi-generational activities run by local churches, but this leaflet outlines groups especially designed for the young at heart. Most churches also hold services on Sundays which are often followed by refreshments and opportunities to socialise. You don't need to have a particular connection with a church to attend - all are welcome.



Hampton

Hampton Mission Partnership,

Percy Road, TW12 2JT

Tues, 10.30am-12.30pm, term time, Computer Club, £1

Fri, 1st/mth, 11am-12.30pm, Tea & Memories - Cafe session for people with memory loss & their carers

Fri, 11.15am-12:15pm, Zumba Gold exercise for people aged 50+, £5

info@hamptonmissionpartnership.org.uk

Ham

St.Thomas Aquinas Church, 2a Ham Road, TW10 7HT, Tel: 02089488292

Thurs term time, 10.30-12.30, Community Cafe - all welcome for friendship and refreshments.

Ham (continued)

St Richard's, Ashburnham Rd, TW10 7NL. 020 8546 1438

Tuesdays, 10am, Morning service followed by refreshments

Fridays, 3rd/month, 2.30-4pm

"Hymns we love" all welcome to chat with tea and cake, sing together and learn about our favourite hymns.

St Andrew's, Church Road, TW10 5HG. Contact: 020 8948 7374

Wednesdays, 2nd & 4th / month, 11.15am - 1.30pm, Welcome

Wednesdays - All welcome of any gender, age or faith to enjoy tea and coffee, chat, enjoy crafts or listen to a speaker.

St Margarets

St Margaret's Church, TW1 1RL

020 8892 3902 In church hall

Wednesdays, Fortnightly, 1:45 - 3:15pm Tea n' Chat. Home made cakes and good company

Phone or check website for dates
www.stmargaretsrccchurch.co.uk

Twickenham Repair Cafe

Saturdays, 3rd/mth, 10:30am - 1pm

Bereavement Cafe

Saturdays, 3rd/mth, 2:30 - 4pm

All Souls, Northcote Rd, TW1 1PB.

020 8891 6820

Monday, 1st/mth, 10.45am, Coffee and cake followed by a communion service.

Monday, 3rd/mth, 10.45am, Coffee and conversation

Richmond

Duke Street Church, TW9 1DH.

020 8940 1551

Tuesday, 1st, 2nd & 4th/mth, 2.30pm, Tuesday Fellowship - friendship, a Bible talk, singing & a cuppa

Tuesday, 3rd/mth, 12.15pm, Seniors lunch & a Christian thought, £3

Wednesday, alternate, 10am, Ladies' Bible Study

Richmond Team Ministry

020 8940 0362

St John the Divine, TW9 2NA

St Mary Magdalene, TW9 1SN

St Matthias, TW10 6LS

Various adhoc activities

Holy Trinity Richmond, Sheen Park, TW9 1UP. Contact: 020 8404 1112

Wednesday, 11.30am, Morning Service followed by lunch

East Sheen

East Sheen Baptist, Temple Sheen Rd, SW14. 020 8876 2321

Mon, 9.30am-3pm Solid Rock Cafe

Mon, 2pm-3.30pm, Ladies meeting

Tues, fortnightly, 11am-3pm, Ladies craft club

Tues, 1st/mth, 7.30pm, Men's Fellowship

Tues, 3rd/mth, 7.30pm Women's Fellowship

Tues, 3pm Music down memory lane with cream tea

Wed, 11am-2pm Solid Rock Cafe

Thurs, 10am-2pm Solid Rock Cafe

Mortlake

Mortlake Parish: 020 8876 1630

Christ Church, SW14 7AW

Weds, 10.30am, Holy Communion followed by coffee & chat, Lifts available.

St Mary the Virgin, Mortlake High St

Tuesdays, weekly, 10am, Holy Communion followed by coffee & biscuits

All Saints, corner of East Sheen Avenue and Park Avenue, SW14 8AT

Thursdays, 10am, Eucharist service followed by tea and coffee.

Holiday at Home - first week of August each year

Teddington

Peter & Paul Centre, 4 Church Rd, TW11 8PB, 020 8943 2262

Mon, 1:30-4:30pm, Teddington Community Café - open to all, but particularly those who feel isolated

Tues, 1st & 3rd/mth, 1.30 - 3pm, Memory Café - For those living with memory problems & who enjoy companionship. Free refreshments.

Tues, 2nd & 4th/mth, 1:30-3pm, Bereavement Café - For those who are bereaved & would like to chat & meet others in a similar position.

Teddington Methodist, 1 Stanley Rd, TW11, 020 8973 1880

Wed, 10.30am, Fortnightly Bible study

Fri, 11am, Fortnightly fellowship

Sat, 10:30am Charity Coffee Morning;

St Mark's Teddington TW11 9DE, 020 8977 1653

Wed, 9.45am, Coffee morning

Tues, 1st/mth, Grandparents Group - in homes over supper

Kew

Raleigh Road United Church, Raleigh Rd, Richmond TW9 2DX 020 8948 7851

Thursdays - 3rd of month, 10.30am - 12noon, Coffee & chat

St Luke's, 30 The Avenue, TW9 2AJ 020 8948 8807

Daily activities at the Avenue Club.

See website for more details

kewcommunitytrust.org.uk/avenueclub

Hampton Wick

St John's Hampton Wick, Church Grove, KT1 4AL 020 8977 7733

Wednesday, 1st/mth, 12pm - 1.30pm
Mid week communion, followed by a light lunch

Hampton Wick Baptist Church, 11A Upper Teddington Rd, KT1 4DL 020 8977 7733

Friday term time, 10.30am-12noon, "Take time" meditations on the life of Jesus

Hampton Hill

St James, St James's Road, TW12 1DQ. 020 8941 6003

Tues, 10.30am-12:30pm, Connections Café with games & refreshments

Tues, 1st & 3rd, free NHS Hearing Aid Clinic

Tues, 1st/mth - Wellbeing counsellor available from MIND, Richmond

Hampton Hill URC, 35 High St, TW12 1NB. John 020 8255 0994

Tues, 9-11am (term time only), For toddlers and their carers of any age.

Tues, 1:30-3:30pm, Bereavement Café in partnership with The Princess Alice Hospice. Company, cake, chat, scrabble - an informal time together.

Thurs, 7.30-9.30pm, Community Choir - all welcome, no auditions. Come and sing for fun!

Sat, 10.30am-12noon, Coffee & company

Produced by Embracing Age, in partnership with churches across Richmond upon Thames

Twickenham

All Hallows Church, Erncroft Way,
TW1 1DA. 020 8241 2345

Wednesday, weekly, term time,
12.30pm, Lunch Club, £4, 2 courses

Wednesday, weekly, 9.30am, Said
Eucharist, followed by tea & biscuits

St Stephen's, Richmond Rd, TW1
2PD. 020 8843 7046

Monday, 1st & 3rd/month, 12.30pm,
Monday lunches, £3.50

Wednesday, 2pm, term time
Chairobics, £3.00

Thursday, 1st, 3rd & 5th/mth, 10am,
Scripture for Life (informal Bible
Study)

Thursday, 2nd & 4th/month, 10am,
"By Still Waters" church service

Nov 23rd '24, 3pm, annual "Service
of Light" for bereaved people

Twickenham Green Baptist, TW2
5AB. 020 8898 2194

Tuesday, 10am-12noon Craft Club

Thursday, 11.30am-1.30pm, Meet &
Eat Lunch (£5.50 for 2 courses)

St Mary's, Church Street, TW1 3NJ.
020 8744 2693

Weds, 1st & 3rd/mth, 2.30pm, Tea,
Coffee & Chat

Saturday, 10.30-12.30, once/mth
knitting group

United Reformed, First Cross Rd,
TW2 5QA. 020 8894 3404

Thursday, 2nd & 4th / month, 2-
4pm, Tea & Chat with board games



This leaflet was updated for the Full of Life Fair 2024. Scan the QR code opposite for information updated after that time.
www.embracingage.org.uk

Whitton

St Augustine's, Hospital Bridge Rd,
TW2 6DE. 020 8894 0848

Tuesday, 2nd/mth, 2:30pm,
Cornerstone: informal tea, cake & chat

Monday to Friday, Homelink Day
Respite Care, 020 8255 1992

Saturday, last of month - Strollers
group, 4-6 mile walk with coffee &
lunch, fellowship & gentle exercise.
pdewinton@aol.com

St Edmund of Canterbury, 213
Nelson Rd, Whitton, TW2 7BB
Jean, 020 8898 4484

Friday, 1st & 3rd/mth, term-time,
1.30pm, Seniors Group

SS Philip & James, Hounslow Rd,
TW2 7DY. 020 8898 2694

Monday, 2nd/mth, 2-3.30pm & 6.30-
8pm, Relax & reflect, mindfulness
activities, no booking needed. Held in
Church

Wednesday, 1st/mth, 8pm, Men's
Group 'Pints of View' @ Admiral
Nelson pub

Thursday 3rd/mth, 2.30-3.30pm,
Space Café, conversation,
refreshments, board games, hobbies
and lots more, held in Parish Hall

Thursday, 3rd/mth, 7:30pm,
Women's Group, held in Parish Hall

Saturday, 2nd/mth, 10am-12noon,
Coffee mornings, held in Parish Hall

Sunday, 1st/mth, 2-4pm,
Bereavement Café, in Parish Hall