

Volunteer Role Description – **Gardening Project Volunteer**

Background	We are working in partnership with a local organisation called Let's Go Outdoors and Learn to help deliver two intergenerational gardening projects in care homes. A school is partnered with the care home and sessions are facilitated to enable the children and residents to work together.
Where:	Twickenham care homes
When:	1 to 2 hours once a week.
Why:	Being outdoors is so beneficial for our wellbeing, and this project combines that with intergenerational connectedness.
What does the role involve:	Working with the trained facilitator to help with gardening sessions. When the project finishes there is potential to continue volunteering at the care home doing gardening with residents.
Attributes / skills needed:	Be reliable, friendly and approachable Have a love of gardening A willingness to learn
What's in it for you?	Meeting other like-minded volunteers. The satisfaction of knowing that you are making a big difference in the life of a vulnerable person in your community. Valuable experience of volunteering
What you can expect from us:	Training and induction before the role starts. Ongoing support from the project co-ordinator Regular meetings with other volunteers. Opportunities for further training
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