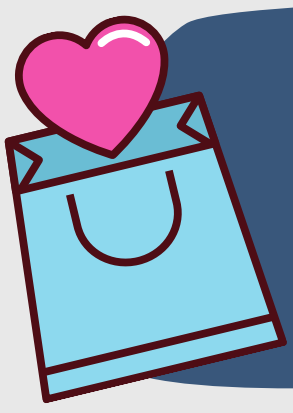
# Ways to adopt your local care home

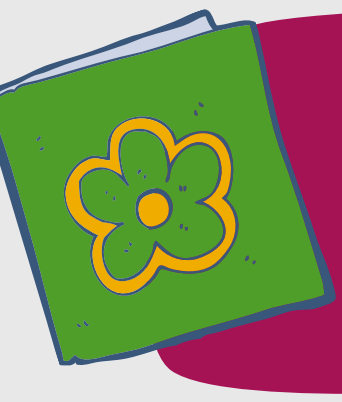


## Thank you gift bags

Show staff they are appreciated with a goodie bag of lip balm, hand cream, chocolate, etc.

## Knitted Aquariums

Engage your community and bring joy to the care home through this fun activity



## Cards of Kindness

Engage your crafting community and bring a smile to residents' faces

## Bouquets of Blessing

For the budding florists among you, a bunch flowers will bring a blessing to both staff & residents

## Pictures of Joy

Laminated cute photos are great conversation starters for residents, particularly those with dementia

## Tech Connect

Help residents use IT devices, like tablets or Alexa, to connect with loved ones and volunteers

## Care Home Friends

Trained volunteers spending time with residents, doing enjoyable activities together

For more information visit embracingage.org.uk

EMBRACING AGE

Later life in all its fullness