

Volunteer Role Description

Sensory activity for people with advanced dementia

Role:	Helping care home staff in providing sensory activity, such as hand massages, for people in the late stages of dementia
Where:	A care home in East Twickenham
When:	2 hours once a week.
Why:	People with very advanced dementia are often unable to participate in the normal activities provided by a care home. We want to provide meaningful sensory activities so that people can enjoy quality of life towards the end of their lives.
What does the role involve:	Undergoing a DBS (criminal record check) Attending specialised training. Working with care home staff to give hand massages and other sensory activities.
Attributes / skills needed:	Be reliable Have empathy and patience, A background in a caring or therapeutic role would be advantageous.
What's in it for you?	The satisfaction of knowing that you are making a big difference in the life of an individual towards the end of their life and seeing how they respond. Meeting other like minded people Valuable experience of volunteering. Pre- agreed out of pocket travel expenses.
What you can expect from us:	Training and induction before the role starts. Ongoing support from the project co-ordinator. Regular meetings with other volunteers. Opportunities for further training
Contact:	For further information contact Joanna Beadle Phone 07422 502957 Email: joanna@embracingage.org.uk www.embracingage.org.uk